

SMART Methods Café – Fall 2024
Gender Based Analysis Plus (GBA+) in Healthy Cities Research
Meghan Winters, Simon Fraser University

Required reading:

[Why sex and gender matter in implementation research.](#) Tannenbaum, Greaves, Graham (2016) BMC Medical Research Methodology.

- While I won't speak to this article directly in the presentation, this article argues that sex and gender has not had sufficient attention in implementation research, makes the case that this is limiting, and lays out ways the field can progress.

Discussion prompts:

After watching the video, I encourage each of you to think through:

- How is gender relevant in your research?
- How is sex relevant in your research?
- What intersectional considerations are relevant in your research?
- What assumptions are you making?
- What data will you have to look at gender/sex/intersectional impacts, and how will you document and communicate these?

Additional resources: There are many resource links in the slides, but I wasn't able to fit in quite all of my favorites. Below I reiterate some that were in slides and highlight more - ones I go back to over and over. I'd give a nod to my team, especially Tessa Williams and Aman Chandi, who continue to enrich my own reading lists in this area.

Courses to take on GBA+:

- **Gender-Based Analysis Plus.** Government of Canada (2022). <https://women-gender-equality.canada.ca/en/gender-based-analysis-plus/take-course.html>
 - o Basic intro to concept with potential to earn certificate.
- **Gender-Based Analysis (GBA) Plus as an Equity Lens for the Municipal Sector.** Federation of Canadian Municipalities (2022). <https://www.surveymonkey.com/r/VX8GPBX>
 - o Content tailored for municipal content. Helpful module on dealing with resistance and best suited for municipal staff with specific project in mind.

Videos:

- **GBA+: What is it and why?** *Video*, City of Edmonton (2018).
 - o Vibrant explainer specific to local government.
- **Sustainable Gender Equality – A Film about gender mainstreaming in practice.** *Video*, SKR Jämställdhet (2014). Helpful example of gender impacts of snow plow prioritization.

Reports:

- **Practices and Inspiration for Sustainable Transportation Equity**. INTERACT and LevelUp Planning (2023).
 - o A report from my team, which suggests promising practices to advancing equity from rhetoric to reality. Includes deep dives on Ottawa, Edmonton, and New Westminster
- **Municipal Equity Kickstart Guide**. YWCA Metro Vancouver City Shift (2023).
 - o Practical guide developed by REACH-Cities partners, CityShift.

Research guidance tools:

- **Gender & Sex in Methods & Measurement Toolkit**. Centre for Gender & Sexual Health Equity. (2022-2023).
 - o Collection of tools to help researchers develop more inclusive and impactful approaches for working with sexual and gender minorities, including guidance on eligibility criteria, recruitment strategies, sample size requirements, stratification, and survey design.

A sample of academic articles related to gender and healthy cities that I often go to/point students to:

- **Towards an Intersectional Perspective in Cycling**. *Journal article*, Lam (2022).
 - o Perspective piece with two clear calls to action for practice: shift mindset away from downtown commuter planning and improve disaggregated data collection.
- **Urban Planning for Health Equity Must Employ an Intersectionality Framework**. *Journal article*, Williams, Binet, Alhasan, Riley & Jackson (2023).
 - o Helpful citation for introduction and discussion sections.
 - o Provides reflexive questions that could also be used to guide planning practice.
- **At the Intersection of Equity and Innovation: Trans Inclusion in the City of Vancouver**. *Journal article*, Muller Myrdahl (2023).
 - o Deep case study of trans inclusion policies in City of Vancouver
- **Toward a Gender-Inclusive Complete Streets Movement**. *Journal article*, McAndrews, Schneider, Yang, Kohn, Schmitz, Elliott, Pittner, Purisch (2022).
 - o A thorough analysis with a call to action to advance gender equity in the realm of Complete Streets

Some books I enjoyed:

- Feminist City: A Field Guide (2021)- Leslie Kern
- Feminist City: Claiming Space in a Man-Made World (2019) - Leslie Kern

Local organizations working in this space:

- **Women in Urbanism** - A women-led community working to transform Canadian cities into more equitable, enjoyable, and sustainable places for everyone.
- **Women Transforming Cities** – Vancouver-based organization working to dismantle intersecting systems of oppression and promote genders and movements that are

equitable, in order to transform where we live into places where everyone can belong, participate, and have social, economic, and political equity.

- [BC Human Rights Commissioner Office's Glossary](#) - This glossary is intended to provide working definitions for terms that are often used in discussions of [human rights](#) and the individuals and groups that hold them.
- [Good Night Out Vancouver](#) – Published [this zine](#) exploring nightlife and safety from the perspective of Black, Indigenous and People of Colour.

Zines and comics:

- [Migrant Zine Collective](#) - Influenced by the punk movement, DIY and feminist activism, this collective covers various topics, including identity, intersectional feminism, migrational and diasporic experiences, migrant rights, decolonising food, Indigenous-migrant solidarities, sustainability, disability justice and movement-building.
- [Mental Load](#) - Collection of comic strips reflecting on social and feminist issues, dissecting the mental load, ie all that invisible and unpaid organizing, list-making and planning women do to manage their lives, and the lives of their family members.